



School Catered Lunch Order

October ordering period closes September 14, 2018

- Extra menus located in your child's classroom or on the shelf outside of main office.

Ordering Instructions:

- Attached are 2 menus, one for you to return and one with a snack menu for you to keep for your record.
- To place your order, you must complete the following:
 - Circle the meals you would like to purchase based upon on your child's age group. **(School age will have a different lunch for field trips.)**
 - Fill in your child's name, class, teacher's name and number of lunches
 - Provide payment for number of lunches you would like to order.
(Failure to comply with these procedures may result in delayed processing.)

Payment Information:

- The cost is \$3.65 per lunch.
- Accepted forms of payments: The lunch program currently accepts payment by check or money order only. (Credit cards on file for tuition fees cannot be used for lunch payment.)
- Make checks payable to Ready Set Grow! Please write the word lunch and your child's name on the memo line.
- Please return menu and payment to main office.

Credits:

- Because certain ingredients are purchased in advanced and menu items are cooked to order, credits cannot be given if your student misses their lunch.

Forgot to place your order?

- Once the ordering period has closed, late orders are NOT accepted. Please see the main office if you have any questions.

Packing from Home?

- If you are packing, please follow the state guidelines for nutrition and include food from all food groups.
- State required guidelines can be found at <http://www.fns.usda.gov/cacfp/meals-and-snacks>.
- We ask all families to please refrain from packing any nut products.

October 2018 Snack Menu



A Nurturing Haven for Childhood Development

Mon	Tue	Wed	Thu	Fri
1 AM: Golden Grahams and Milk PM: Strawberries and Yogurt	2 AM: Buttermilk Biscuits with Jelly and Milk PM: Animal Crackers and Yogurt	3 AM: Cheerios and Milk PM: Graham Crackers, Sun Butter and Jelly	4 AM: Graham Cracker with Banana and Milk PM: Vanilla wafers and Pineapple	5 AM: Rice Chex and Milk PM: Oranges and Wheat Thins
8 AM: Kix and Milk PM: Wheat Crackers and Cheddar Cheese	9 AM: Cinnamon Bread and Milk PM: Strawberries and Yogurt	10 AM: Corn Flakes and Milk PM: Cottage cheese and Peaches	11 AM: Muffin and Milk PM: Graham Cracker and Applesauce	12 AM: Cheerios and Milk PM: Ritz Crackers and String Cheese
15 AM: Rice Chex and Milk PM: Blueberries and Yogurt	16 AM: Buttermilk Biscuits and Milk PM: Goldfish and Cheese	17 AM: KIX and Milk PM: Graham Cracker with Sun Butter and Jelly	18 AM: Mini Bagels with Cream Cheese and Milk PM: Wheat Crackers and Cheddar Cheese	19 AM: Corn Flakes and Milk PM: Pretzel and Cheese Dip
22 AM: Cheerios and Milk PM: Graham crackers and Yogurt	23 AM: Graham Cracker with Banana and Milk PM: Vanilla wafers and Pineapple	24 AM: Rice Chex and Milk PM: Cottage Cheese and Peaches	25 AM: Cinnamon Bread and Milk PM: Goldfish and String Cheese	26 AM: KIX and Milk PM: Ritz crackers and Cheese Cubes
29 AM: Golden Grahams and Milk PM: Pretzel and Cheese Dip	30 AM: Blueberry Muffin and Milk PM: Vanilla Wafers and Banana	31 AM: Corn Flakes and Milk PM: Animal Crackers and Apple Slices		

October 2018 Lunch Menu



Parent Copy

A Nurturing Haven for Childhood Development

1	Cheese Pizza Carrots Pears Milk	2	Hamburger on Wheat Bun Baked Fries Applesauce Milk	3	Fish Sticks Wheat Bread Mixed Veggies, Orange Milk	4	Chicken Nuggets Wheat Bread Green Beans, Peaches Milk	5	Pancakes , Turkey Sausage Bananas Strawberries Milk
8	Pepperoni Pizza Carrots Fruit Mix Milk	9	Sloppy Joe Fries, Honey Dew Melon Milk	10	Macaroni and Cheese Corn Watermelon Milk	11	Sweet and Sour Chicken Rice, Broccoli Oranges Milk	12	Scrambled Eggs Turkey Bacon Hash Browns, Banana Milk
15	Pepperoni Pizza Carrots Fruit Mix Milk	16	Turkey and Cheese Fries Grapes Milk	17	Mac & Cheese Peas Melon Milk	18	Chicken Nuggets Corn Watermelon Milk	19	Waffles, Turkey Sausage Bananas Strawberries Milk
22	Cheese Pizza Cucumbers Pineapple Milk	23	Grilled Cheese Mixed Vegetables, Banana Milk	24	Cheese Ravioli Wheat Bread Green Beans Watermelon Milk	25	Chicken Nuggets Wheat Bread Corn Peaches Milk	26	Scrambled Eggs English Muffin Tater Tots Oranges Milk
29	Pepperoni Pizza Salad Watermelon Milk	30	Ham and Cheese Melt Sweet Potato Fries Pineapple Milk	31	Spaghetti and Meatballs Corn Fruit Mix Milk				

October 2018 Lunch Menu



Childs Name: _____
 Class: _____ Teacher Name: _____
 Total Lunches: _____ x \$3.65 = _____

1	Cheese Pizza Carrots Pears Milk	2	Hamburger on Wheat Bun Baked Fries Applesauce Milk	3	Fish Sticks Wheat Bread Mixed Veggies, Orange Milk	4	Chicken Nuggets Wheat Bread Green Beans, Peaches Milk	5	Pancakes , Turkey Sausage Bananas Strawberries Milk
8	Pepperoni Pizza Carrots Fruit Mix Milk	9	Sloppy Joe Fries, Honey Dew Melon Milk	10	Macaroni and Cheese Corn Watermelon Milk	11	Sweet and Sour Chicken Rice, Broccoli Oranges Milk	12	Scrambled Eggs Turkey Bacon Hash Browns, Banana Milk
15	Pepperoni Pizza Carrots Fruit Mix Milk	16	Turkey and Cheese Fries Grapes Milk	17	Mac & Cheese Peas Melon Milk	18	Chicken Nuggets Corn Watermelon Milk	19	Waffles, Turkey Sausage Bananas Strawberries Milk
22	Cheese Pizza Cucumbers Pineapple Milk	23	Grilled Cheese Mixed Vegetables, Banana Milk	24	Cheese Ravioli Wheat Bread Green Beans Watermelon Milk	25	Chicken Nuggets Wheat Bread Corn Peaches Milk	26	Scrambled Eggs English Muffin Tater Tots Oranges Milk
29	Pepperoni Pizza Salad Watermelon Milk	30	Ham and Cheese Melt Sweet Potato Fries Pineapple Milk	31	Spaghetti and Meatballs Corn Fruit Mix Milk				