



## School Catered Lunch Order

### September ordering period closes August 17, 2018

- Extra menus located in your child's classroom or on the shelf outside of main office.

#### Ordering Instructions:

- Attached are 2 menus, one for you to return and one with a snack menu for you to keep for your record.
- To place your order, you must complete the following:
  - Circle the meals you would like to purchase based upon on your child's age group. **(School age will have a different lunch for field trips.)**
  - Fill in your child's name, class, teacher's name and number of lunches
  - Provide payment for number of lunches you would like to order.  
(Failure to comply with these procedures may result in delayed processing.)

#### Payment Information:

- The cost is \$3.65 per lunch.
- Accepted forms of payments: The lunch program currently accepts payment by check or money order only. (Credit cards on file for tuition fees cannot be used for lunch payment.)
- Make checks payable to Ready Set Grow! Please write the word lunch and your child's name on the memo line.
- Please return menu and payment to main office.

#### Credits:

- Because certain ingredients are purchased in advanced and menu items are cooked to order, credits cannot be given if your student misses their lunch.

#### Forgot to place your order?

- Once the ordering period has closed, late orders are NOT accepted. Please see the main office if you have any questions.

#### Packing from Home?

- If you are packing, please follow the state guidelines for nutrition and include food from all food groups.
- State required guidelines can be found at <http://www.fns.usda.gov/cacfp/meals-and-snacks>.
- We ask all families to please refrain from packing any nut products.

# September 2018 Snack Menu



A Nurturing Haven for Childhood Development

Mon	Tue	Wed	Thu	Fri
3 RSG Is Closed!	4 AM: Graham Cracker with Banana and Milk PM: Vanilla wafers and Pineapple	5 AM: Rice Chex and Milk PM: Cottage Cheese and Peaches	6 AM: Cinnamon Bread and Milk PM: Goldfish and String Cheese	7 AM: Kix and Milk PM: Ritz crackers and Cheese Cubes
10 AM: Golden Grahams and Milk PM: Strawberries and Yogurt	11 AM: Buttermilk Biscuits with Jelly and Milk PM: Pretzel and Cheese Dip	12 AM: Cheerios and Milk PM: Graham Crackers, Sun Butter and Jelly	13 AM: Nutrigrain Bar and Milk PM: Vanilla wafers and Pineapple	14 AM: Rice Chex and Milk PM: Cottage cheese and Peaches
17 AM: Kix and Milk PM: Wheat Crackers and Cheddar Cheese	18 AM: Cinnamon Bread and Milk PM: Vanilla Wafers and Yogurt	19 AM: Corn Flakes and Milk PM: Cottage cheese and Peaches	20 AM: Muffin and Milk PM: Graham Cracker and Applesauce	21 AM: Cheerios and Milk PM: Ritz Crackers and Cheese
24 AM: Rice Chex and Milk PM: Animal Crackers and Yogurt	25 AM: Buttermilk Biscuits and Milk PM: Goldfish and Cheese	26 AM: Kix and Milk PM: Graham Cracker with Sun Butter and Jelly	27 AM: Mini Bagels with Cream Cheese and Milk PM: Wheat Crackers and Cheddar Cheese	28 AM: Wheat Flakes and Milk PM: Pretzel and Cheese Dip

# September 2018 Lunch Menu



A Nurturing Haven for Childhood Development

# Parent's Copy

Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
RSG Is Closed!	Sloppy Joe Fries, Honey Dew Melon Milk	Macaroni and Cheese Corn Watermelon Milk	Sweet and Sour Chicken Rice, Broccoli Oranges Milk	Scrambled Eggs Turkey Bacon Hash Browns, Banana Milk
10	11	12	13	14
Pepperoni Pizza Carrots Fruit Mix Milk	Turkey and Cheese Fries Grapes Milk	Mac & Cheese Peas Melon Milk	Chicken Nuggets Corn Watermelon Milk	Waffles, Turkey Sausage Bananas Strawberries Milk
17	18	19	20	21
Cheese Pizza Cucumbers Pineapple Milk	Grilled Cheese Mixed Vegetables, Banana Milk	Cheese Ravioli Wheat Bread Green Beans Watermelon Milk	Chicken Nuggets Wheat Bread Corn Peaches Milk	Scrambled Eggs English Muffin Tater Tots Oranges Milk
24	25	26	27	28
Pepperoni Pizza Salad Watermelon Milk	Ham and Cheese Melt Sweet Potato Fries Pineapple Milk	Spaghetti and Meatballs Corn Fruit Mix Milk	Shredded Chicken on Wheat Bread Mash Potatoes Honey Dew Melon Milk	Waffles Turkey Bacon Blueberries Oranges Milk

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Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
<p>RSG Is Closed!</p>	<p>Sloppy Joe Fries, Honey Dew Melon Milk</p>	<p>Macaroni and Cheese Corn Watermelon Milk</p>	<p>Sweet and Sour Chicken Rice, Broccoli Oranges Milk</p>	<p>Scrambled Eggs Turkey Bacon Hash Browns, Banana Milk</p>
10	11	12	13	14
<p>Pepperoni Pizza Carrots Fruit Mix Milk</p>	<p>Turkey and Cheese Fries Grapes Milk</p>	<p>Mac &amp; Cheese Peas Melon Milk</p>	<p>Chicken Nuggets Corn Watermelon Milk</p>	<p>Waffles, Turkey Sausage Bananas Strawberries Milk</p>
17	18	19	20	21
<p>Cheese Pizza Cucumbers Pineapple Milk</p>	<p>Grilled Cheese Mixed Vegetables, Banana Milk</p>	<p>Cheese Ravioli Wheat Bread Green Beans Watermelon Milk</p>	<p>Chicken Nuggets Wheat Bread Corn Peaches Milk</p>	<p>Scrambled Eggs English Muffin Tater Tots Oranges Milk</p>
24	25	26	27	28
<p>Pepperoni Pizza Salad Watermelon Milk</p>	<p>Ham and Cheese Melt Sweet Potato Fries Pineapple Milk</p>	<p>Spaghetti and Meatballs Corn Fruit Mix Milk</p>	<p>Childs Name: _____ Shredded Chicken on Wheat Bread Mash Potatoes Pineapples Milk</p>	<p>Waffles Turkey Bacon Blueberries Oranges Milk</p>
<p>Total Lunches: _____ x \$3.65 = _____</p>				